



Domestic Violence

Group Sessions for Young Women.

Our services help young women who use or have experienced any combination of control, force, or violence in their intimate relationships, explore their motives for resorting to using force and evaluate the potential risk of harm, while encouraging accountability and focusing on personal choice.

Some of session topics include:

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| <ul style="list-style-type: none">• Identifying Forceful Behaviors• Understanding Anger• Defense Mechanisms• Healthy Boundaries | <ul style="list-style-type: none">• Effects of Force• Conflict Resolution• Healthy Relationships• Safety Issues |
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*The process of change is not easy, but you will not be alone.

Please contact us for information about meeting schedules.



AAA Counseling and Consulting Services
935 Park Avenue, Plainfield,
NJ 07060

908-312-3232

Info@aaacounselingandconsulting.org