

ABOUT AAA

AAA Counseling and Consulting Services incorporates the core stands of the Nurtured Heart approach in rendering Intensive in Community (IIC) services to youths between the ages of 5-21 years old.

Interventions are strength based and evidence based clinical practices that seek to address the emotional and behavioral challenges of youth referred for services.

AAA Counseling and Consulting Services furthermore embraces the NJ Wraparound - Values & Principles philosophy and fosters interagency cooperation and communication to best service the youth and family's needs as members of their Child and Family Team.



INTENSIVE IN-COMMUNITY (IIC) SERVICES

Bio-Psychosocial Needs Assessment:
Call the New Jersey System of Care at **1-877-652-7624** if you are the parent or legal guardian of a child with behavioral and/or emotional challenges. One of our licensed clinicians can complete a comprehensive bio-psychosocial evaluation with the goal of identifying the challenges faced by your family, the strengths and current needs of your family. A proposed intervention plan is consequently recommended to the New Jersey System of Care on your behalf.

Intensive In-Community Services:
Home based supportive therapeutic services are provided to the child and family by a licensed clinician, which include clinical consultations, individual therapy and/or family therapy.



BCBA/ ABA and BA Services:

These services aim to address specific-targeted behavioral issues. The goal of these outcome-oriented interventions is to increase age appropriate adaptive behaviors.

Outpatient Services:

We are committed to providing accessible and culturally responsive outpatient mental health services to children, adolescents and young adults. For inquiries or to make an appointment, call us at 908-312-3232. Insurances accepted are HBCBS, HBC NJ Health, Aetna, Amerigroup, Cigna and Self-pay.

Mentoring Services:

These services are provided to support the parent and/or child and seek to introduce them to a role model, a community liaison, someone who provides additional companionship support, and guidance.

AAA Counseling and Consulting Services, is listed on Union and Middlesexresourcenet.org and currently serves:

Middlesex and Union Counties

**Please call us at:
908-312-3232**

if you need additional information or assistance. All service-related questions will be answered accordingly.

You may also visit us at:
www.aacounselingandconsulting.org

Languages spoken include Spanish, Hindu, Hausa, Ga, Twi, Fante and Haitian Creole.



**AAA COUNSELING
& CONSULTING SERVICES LLC**



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☎ 908-312-3232

☎ 908-312-9437

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***Helping youth unlock
their fullest potential!***

ESTABLISHED IN 2017
